

How to Turn Off Notifications While Playing Games on iOS

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Quick answer

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1: Use Focus Mode with Full Immersion

The Focus Mode feature in iOS is designed to help you minimize distractions by customizing which notifications are allowed during specific activities, such as gaming. Here's how you can set it up:

1. Create a Gaming Focus Mode

- Open the Settings app on your iPhone.
- Navigate to Focus and tap the "+" icon to create a new Focus mode.
- Select a template like "Gaming" or create a custom one.
- Name your Focus mode (e.g., "Gaming").

2. Set Up Automation

- In the Gaming Focus settings, scroll down to Turn On Automatically and tap Add Automation.
- Choose App from the options.
- Select the game(s) you want to trigger this Focus mode automatically.

3. Customize Notifications

- Under the "Allowed Notifications" section:
 - Select people or apps allowed to notify you while gaming.
 - Alternatively, you can allow none for complete silence.

4. Activate Gaming Focus Mode Automatically

- Once set up, Gaming Focus will automatically turn on when you open the specified game apps and turn off when you close them.

This automation ensures that notifications stay muted while gaming without requiring manual toggling every time.

2: Use iOS's Built-in Gaming Features

With the latest iOS updates, Apple has introduced features to improve gaming. One of these is the ability to automatically suppress notifications while gaming, even without using Focus mode. Here's how it works:

1. Enable Automatic Gaming Mode This feature detects when you're playing a game and silences notifications automatically..

- Go to Settings > Screen Time > Content & Privacy Restrictions.
- Scroll to Game Center and ensure that the Do Not Disturb While Gaming option is enabled.

2. Check Compatibility

- Note that this feature may require the app to be a recognized game in Apple's system. Some casual or non-standard gaming apps might not trigger this mode automatically.

3: Customize Notifications for Specific Apps

If certain apps frequently interrupt your gaming sessions, you can manage their notifications directly:

1. Open Settings > Notifications.
2. Scroll through the list and tap the app you want to customize (e.g., WhatsApp).
3. Toggle off Allow Notifications, or adjust settings to prevent banners, sounds, or badges.

This is a more static solution but works well if you want to silence specific apps all the time.

Additional Tips

- Use Widgets or Quick Settings: For quick access, add the Focus toggle to your Control Center. Swipe down, tap the Focus mode icon, and switch to your Gaming Focus in seconds.
- Update Your iPhone: Always ensure your iOS is updated to the latest version to access new features like automatic gaming notification suppression.

By following these steps, you can enjoy a smooth gaming experience on your iPhone without distractions. Whether you prefer using Focus mode, automatic gaming features, or customized app notifications, iOS provides a range of options tailored to your needs. Try them out and improve your gaming sessions today!